The Copenhagen Resolution

The Copenhagen Resolution  was passed at the conference “The Shadow Side of Wireless Society” in Copenhagen, Denmark on October 9th, 2010. It is based on previous international appeals, resolutions and the BioInitiative Report from Medical Doctors and Scientists who state the need for prevention of damage to public health from the exposure to radiation from Wireless Technology. It makes the following demands:

- A considerable lowering of guidelines and exposure to wireless microwave radiation, to a biologically based precautionary level, with a peak-level maximum of 0.6 V/m as recommended by the BioInitiative report.
- Information and official warnings for the general public, regarding the health risks from wireless microwave radiation – with emphasis on increased risks for pregnant women and children.
- Warnings on wireless radiation emitting products and a determination by the producers to design such products to emit as little radiation as possible, and emit radiation only when necessary.
- Restrict and discourage children’s access to, and use of wireless radiation emitting products.
- Electro Hyper Sensitivity must be officially recognized as a functional impairment.
- Enable and respect local community influence on the location of wireless base station localities, as a full disclosure of all existing and planned wireless base-station locations.
- Minimize wireless radiation exposure in public spaces occupied by vulnerable groups, like schools, day care facilities and public transport.
- Establish White-Zones: low-radiation communities where Electro Hyper Sensitive people can live as well as providing financial support for shielding from wireless radiation in existing homes.
- Promote health safe alternatives to wireless technology.
- Independent research must be undertaken.

Recommended Books:

Recommended Movies/Videos:

The Sunflower Project

Recently, there has been a dramatic increase in environmental illnesses like Multiple Chemical Sensitivity (MCS), Asperger’s, Autism, Asthma, CFIDS, ADHD, etc. due to increases in environmental pollutants. The primary goal of the Sunflower Project (the brainchild of Kato Yashiko of Sapporo, Hokkaido, Japan) is to create a clean, safe, and healthy living environment for all life and living beings on this planet.

International Coalition for an EMR-Safe Planet (IC-ESP)

For references see: http://www.ic-esp.org/docs/011407.pdf

You Have Been Warned: The Momentum Is Building!

1971 - *US Institute of Labor Hygiene and Occupational Diseases researchers describe comprehensive set of symptoms, identified as “Microwave Sickness”.

1972 - Zorney R. Glazer of Naval Medical Research Institute writes paper “Bibliography of reported biological phenomena (’effects’) and clinical manifestations attributed to microwave and radio-frequency radiation” reviewing over 200 studies, finding a multitude of problems including “headaches, insomnia, restlessness, fatigue, seizures, convulsions, heart problems, diseases, memory loss,” and so on.


1985 - *The Body Electric* by Dr. Robert O. Becker further warns of the dangers of electropollution.


1998 - *It is agreed at the Vienna Resolution* that the biological effects of low-intensity EMP’s are scientifically established.

2002 - *German medical doctors - the Interdisciplinary Society of Environmental Medicine - issue concern about wireless technology (cell phones, DECT, etc.) in FreePhone Alert (reaching close to 40,000 signatories) including a cause and effect relationship between “a dramatic rise in severe and chronic diseases” (e.g. behavioral disorders, ADHD, blood pressure disorders, heart attacks and strokes, brain degenerative diseases, & cancers like leukemia and brain tumors) with increased exposure to EMR.

2005 - *World Health Organization (WHO) officially recognized electro-sensitivity as a “condition and sometimes disabling condition”*.

2006 - *Vienna Doctors Chamber (Arzte-Zukunft) - after the REFLEX* Studies clearly showed genetic damage - create posters (posted in hospital waiting rooms) warning of dangers and listing rules for use.

2007 - *Italy enacts ban on all cell phones in schools*. *Report* is issued by international group of renowned scientists, researchers, doctors, and public health experts entitled the BioInitiative* [www.bioinitiative.org](http://www.bioinitiative.org)*, which warns.

2008 - *The Interphone studies* finally acknowledge link between cell phone use and brain tumors.


2011 - *Parliamentary Assembly of the Council of Europe (PACE) calls on governments to take reasonable measures to reduce exposure to electromagnetic fields*.

Are You “Unwittingly” Being Affected By Electromagnetic Radiation?

While we may not be able to sense it with your five senses (sight, sound, smell, taste, touch), we are now being exposed to from thousands to millions of times the amount of electromagnetic radiation we would normally get from natural sources (Sun, Earth, Stars etc.).

Worldwide, a rapidly increasing number of people are becoming sensitive to the electromagnetic radiation (EMR) emitted by cell phone towers, cell phones, WiFi, WiMax, TETRA, Smart Meters, etc. In fact, several European scientists have predicted that by 2017, 50% of the population may be electro-sensitive (ES). If you experience any of the following “unexplained” symptoms, you may in fact be unknowingly exhibiting the symptoms of yourself:

- **Headaches**
- **Nausea**
- **Brain Fog**
- **Memory Problems**
- **Fatigue**
- **Dizziness**
- **Insomnia**
- **Heart Pain/Palpitations**
- **Swollen Lymph Nodes**
- **Intestinal Disturbances**
- **Eye Pain**
- **Dry Eyes**
- **Vision Problems**
- **Night Sweats**
- **Excessive Thirst**
- **Increased Allergies/Sensitivities**

If you put a frog in hot boiling water, it will jump out. However, if you put a frog in cold water and slowly heat the water, you can cook the frog because it will not notice the gradual change in temperature. Well, with the ever-increasing amount of ambient electromagnetic radiation in our environments, we might be experiencing the same fate as the frog that does not realize it is being cooked.

As a human being aware of being affected by electromagnetic radiation, I would like to ask you to consider the possibility this technology might adversely be affecting you and others around you and to be more conscious, considerate and compassionate when using your devices around other human beings – especially in buses, trains, airplanes, where this radiation is reflected and increased. Thank you!
**What is Electro-sensitivity/Microwave Sickness?**

Electro-sensitivity/Microwave Sickness is a condition where a person feels sick when exposed to the EMR given off by cell phone towers (masts), DECT, WiFi, and electronic devices such as mobile phones, and computers. Symptoms appear when the person is exposed to the offending EMR and diminish as the person moves out of range of the EMR.

**Major Symptoms:** (Very often appearing with the installation of a nearby cell-phone tower, a home WiFi [Wireless Internet] or DECT system. [Cancer clusters start forming around cell towers after between three & seven years]).

- Headache
- Sleep disturbances (Insomnia)
- Dizziness
- Nausea
- Heart Palpitations
- Heart Pain
- Concentration Problems
- Fatigue
- Listlessness
- Indigestion
- Reddening of Skin
- Tingling Sensations
- Anxiety
- Attacks
- Memory Problems
- Swollen Lymph Nodes
- Excessive Thirst
- Frequent Urination
- Vision Problems
- Tinnitus (Ringing in the Ears), etc.

**Fifty Percent of Population Affected by Year 2017?**

There has been a drastic increase in the number of people affected by EMR and it is predicted that by the year 2017 over half the population may suffer from symptoms of electro-sensitivity. In 2008, 57.25 million prescriptions for sleeping pills were issued in the USA; an estimated one in 110 children (in the USA) now suffer from Autism Spectrum Disorders (ASD) – up from 1 in 2000 in the 70’s; one in four Americans now suffer from diabetes or pre-diabetes conditions; and one in seven couples suffer from fertility problems.

---

**The Research: Biological Effects**

**Thousands of Studies Are Showing Biological Effects**

**Increases Cancer Risk**
- 200% increase in Brain Tumors and Acoustic Neuromas for those using a cell phone on the same side of the head for 10 years (average 30 minutes per day).
- Children who start using a cell phone before the age of 20 are 5 times more likely to get brain cancer.
- Cell Phone Radiation breaks DNA leading to mutated genes, cancers, and deformities.
- There is evidence that we are indeed moving towards a brain tumor epidemic. Experts are predicting a 2000% increase in brain tumors the next 20 years.

**Affects Fertility and Breaks DNA**
- Cell Phone Use/Exposure decreases sperm count and sperm motility (the ability for the sperm to find its way to the egg).
- Experiments show increased rates of deformities/mortality in chick embryos.

**Triggers (and may cause) Allergic Reactions**
- Increases allergic reactions like eczema, asthma, and hay fever.

**Disrupts Hormones and Neurotransmitters**
- EMR exposure changes the levels of hormones and neurotransmitters in the brain like melanatonin, serotonin, dopamine, noradrenaline, and acetylcholine.
- Changes in these hormones/neurotransmitters are associated with sleep disturbances.

**Affects Behavior of Children of Pregnant Mothers Who Used Cell Phones**
- A large study, surveying more than 13,000 children, found that women who used mobile phones when pregnant were more likely to give birth to children with behavioral problems. These included developing hyperactivity, and difficulties with conduct, emotions and relationships by the time they reached school age. The likelihood was even greater if the children themselves used the phones before the age of 7 years.

**WHO-Acknowledged Studies Find Cancer Clusters Around Cell Towers**
- 80% of (W.H.O. acknowledged) studies on people living in the vicinity of mobile-phone base-stations, show a significantly increased risk of neurological diseases, impaired well-being and cancer.

---

**The Vienna Doctors Chamber’s Rules for Cell Phone Use**

- Cell phone calls should be as few and as brief as possible. Children and teenagers under 16 should not use cell phones.
- Cell phones should not be held near the head while making and receiving calls.
- Cell phones should not be used in vehicles (cars, buses, trains) – the radiation there is higher!
- When sending text messages the cell phone should be held as far away from the body as possible!
- A caller should position herself several meters away from other people – the radiation is harmful to them as well!
- Never use a cell phone to play games!
- Headphones (earplugs) may also be unsafe – the wire may attract radiation!
- Wireless Networks (WiFi, WiMax, etc.) produce high amounts of radiation!
- The effect of a ninety-second cell phone call on red blood cells (RBC) on both the user and those within at least 1.7 meters. This affects the RBC’s ability to transport oxygen to and carbon dioxide away from cells.

---

**The REFLEX study clearly shows DNA breaks. The photo in the top left corner is a normal cell. The photo on the right is a cell exposed to 24 hours of cell phone radiation. The trails coming out of the cell are called micronuclei – DNA leaking out of the cells.**

---

**The amount of radiation penetration of the skull of an adult, a 10-year old, and a 5-year old**

---

**Before the call.**

**After the call.**